

Materials for Art Board Preparation

1 Art Board



- **Plywood panel (recommended)** – more stable and less prone to warping than MDF
- Thickness: ideally 15–18 mm for larger formats

(MDF is not recommended as it can distort over time, especially in mixed media and resin work.)

2 Backside Sealing



- **Bruguero Universal Acrylic** (for sealing the backside)
- Additional acrylic paint in any color of your choice (for extra protection layer)

A properly sealed backside prevents moisture absorption and reduces the risk of warping.

3 Front Surface Priming



- Professional artist-grade **Gesso**
- Example: **Lefranc Bourgeois Gesso**

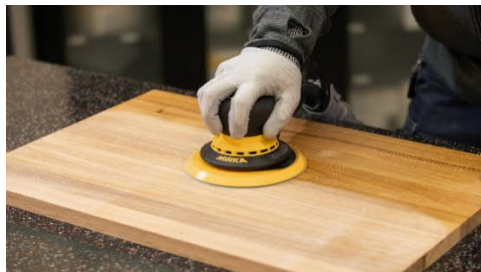
⚠ Only use fine art gesso for the front surface — do not replace with wall paint.

4 Brushes



- 1 wide flat synthetic brush (50–70 mm) for large areas
- 1 medium flat brush for edges
- Synthetic bristles recommended (durable and easy to clean)

5 Sandpaper



- Grit 120 (initial sanding)
- Grit 180–220 (for smoothing between layers)

Sanding between gesso layers creates a smooth, professional painting surface.

- Grit 380–400 (for last layer on surface)